



BIRTH & BEYOND COLLABORATIVE- CERTIFIED PARENTING WORKSHOP SCHEDULE



Updated: September 27th, 2019

MPAP: Make Parenting A Pleasure * NPP ITP: Nurturing Parenting Infant Toddler Preschool* NPP Pre: Nurturing Parenting-Prenatal * Fathers: Father's I.N.C.*NPPSA: NPP School Age

<p>North Sacramento Family Resource Center 1217 Del Paso Blvd; Ste. B, Sacramento CA 95815* 916-679-3743 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u> MPAP (English): Thursdays *8:30-11:00am * 9/19/19-12/19/19 at Witter Ranch Elementary 3790 Poppy Hill Way 95834</p> <p><u>Spanish</u></p>	<p>Mutual Assistance Network Firehouse Community Center 810 Grand Ave., Sacramento CA 95838*916-567-9567 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u> MPAP: Mondays/Wednesdays *3:30pm-5:30pm* 10/28/19-12/11/19 (Limited Playcare) NPP SA: Tuesdays/Wednesdays *10:30am-12:30pm* 10/30/19-12/18/19 (Limited Playcare)</p>	<p>WellSpace Health North Highlands FRC 6015 Watt Ave; #2, North Highlands CA 95660 * 916-679-3925 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u> NPP ITP (English):Monday & Wednesday *11:00am-1:00pm*9/30/19-11/20/19</p> <p><u>Spanish</u></p>
<p>Mutual Assistance Network Arcade Community Center 2427 Marconi Ave. Suite 203, Sacramento CA 95821*916-514-8096 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u> NPP ITP (Accelerated): Wednesdays *10:00am-2:30pm* 10/30/19-12/18/19 (No Playcare)</p> <p><u>Spanish</u></p> <p><u>Dari</u></p>	<p>River Oak 'Oak Park' Family Resource Center Fruit Ridge Community Collaborative 4625 44th St. Room 36, Sacramento, CA 95820* 916-244-5800 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u></p> <p><u>Spanish</u></p>	<p>Folsom Cordova Community Partnership 10665 Coloma Rd; Ste. 200, Rancho Cordova CA 95670*916-361-8684 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u> MPAP: Mondays & Wednesdays*1:00pm-3:00pm *10/14/19-11/25/19 (No Playcare)</p> <p><u>Spanish</u></p> <p><u>Russian</u></p>
<p>Valley Hi Family Resource Center 7000 Franklin Blvd; #820, Sacramento CA 95823*916-290-8281 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u> MPAP: Mondays & Wednesdays *2-4pm * 10/28/19-11/27/19 (No Playcare) NPP(SA): Tuesdays & Thursdays *2-4pm * 10/1/19-11/21/19</p> <p><u>Spanish</u></p>	<p>Meadowview Family Resource Center 2251 Florin Road; #158, Sacramento CA 95822*916-394-6300 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u></p> <p><u>Spanish</u></p>	<p>La Familia Counseling Center 5523 34th Street, Sacramento CA 95820*916-452-3601 ***some classes held at other locations, please call to confirm***</p> <p><u>English</u></p> <p><u>Spanish</u> NPP ITP: Monday & Wednesday*8:30am-10:30am *9/30/19-11/13/19 (No Playcare)</p>

THIS LIST IS NOT A GUARANTEE TO PARTICIPATE. PLEASE CONTACT SITES OF INTEREST TO CONFIRM DATES, TIMES, AND LOCATIONS, AS WELL AS AVAILABILITY TO ATTEND CLASS.

Funding for Birth & Beyond Family Resource Centers is provided by the First 5 Sacramento Commission which uses Proposition 10 (tobacco tax) funds to support the healthy development of children ages zero to five. Additional information about the First 5 Sacramento Commission is online at www.first5sacramento.net or by calling 916-876-5865.