

# FIRST 5 SACRAMENTO COMMISSION

2750 Gateway Oaks Dr., Suite 330  
Sacramento, CA 95833

**THIS MEETING IS HELD VIA TELECONFERENCE/WEBINAR  
DUE TO COVID 19 RESTRICTIONS**

## Computer Link:

<https://zoom.us/j/94152227571?pwd=UIFKSnZ0KzdWNEZHQU96VXd1RlV4dz09>

Meeting ID: 941 5222 7571

Password: 350517

**Phone in:** 1-669-900-6833 US (San Jose)

Using the same meeting id and password as above.

## EVALUATION COMMITTEE

### AGENDA

Monday, May 18, 2020 – 1:00-3:00 PM



**Members:** Steve Wirtz (Chair), David Gordon (Vice Chair), Olivia Kasirye

**Advisory Committee Member(s):** Tony Smith, Robin Blanks

**Staff:** Julie Gallelo, Carmen Garcia-Gomez

**Consultant:** Applied Survey Research



1. Call to order and Roll Call
2. Public Comments on Off-Agenda Items
3. Approve Draft Action Summary of January 31, 2020
4. General Evaluation Update - Applied Survey Research
  - February – March 2020
  - April – May 2020
5. Staff Update
6. Black Mothers United (BMU) Quarter 2 Report
7. School Readiness Special Study – Family Support and Engagement
8. Committee Member Comments
  - a. Miscellaneous
  - b. Future Agenda Items/Presentations

# FIRST 5 SACRAMENTO COMMISSION

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## EVALUATION COMMITTEE

### DRAFT ACTION SUMMARY

Friday, January 31, 2020 – 1:00-3:00 PM

**Members:** Steve Wirtz (Chair), David Gordon (Vice Chair), Olivia Kasiryé

**Advisory Committee Member(s):** Tony Smith, Robin Blanks

**Staff:** Julie Gallelo, Carmen Garcia-Gomez, Gail Syputa

**Absent:** Dave Gordon

**Consultant:** Applied Survey Research

1. Call to order and Roll Call

**Action:** Meeting was called to order at 1:04PM. A quorum was established and introductions by attendees.

2. Public Comments on Off-Agenda Items

**Action:** None.

3. Approve Draft Action Summary of November 15, 2019

**Action:** Smith/Wirtz. Approved as recommended.

4. Receive General Evaluation Update from ASR

Shared the Birth and Beyond CPS outcomes which will be presented to B&B mid-February.

**Action:** Chair Wirtz suggested that systems process and how First 5 plays a leadership role is included in the Strategic Plan.

5. Staff Update – no update provided

6. Review Q1 BMU Dashboard

**Action:** Reviewed and discussed the information provided. Chair Wirtz recommended reviewing the literature, particularly the Kessler Scale, in regards to indicators for perinatal standards care. A discussion took place related to BMU referrals to Safe Sleep Baby program and follow-up may be needed to ascertain if they are receiving services by CAPC. T. Smith recommended that counting the number of visits per month, rather than weekly check-in rates. Overall, the Committee felt the information provided in the dashboard is a simple and useful tool for program and evaluation staff.

7. Review and Approve 2018-19 Evaluation Report

**Action:** No approval, moved the item to the March 16<sup>th</sup> agenda. The Committee provided general comments and recommendations to revise the Executive Summary. The general consensus was that the executive summary should be formatted by priority area/rather than result area and should include

outcomes and key points only. It should be concise. It was also recommended that the methodology section in the report be included in an appendix.

8. Updates from other Committees  
Sustainability, Financial Planning, Advisory, Strategic Planning

**Action:** None

9. Committee Member Comments
  - a. Miscellaneous
  - b. Future Agenda Items/Presentations

**Action:** March 16: 2018-19 Evaluation Report

Adjourned: 3:38PM

Respectfully submitted,

Carmen Garcia-Gomez, Evaluation Manager  
First 5 Sacramento Commission

# Summary of Evaluation Activities for First 5 Sacramento

Feb-March 2020

Strategy	Component	Task
<b>RAACD</b>	PREGNANCY PEER SUPPORT	- Working on Q2
	OVERALL	- Supported panel presentation at F5 CA conference
<b>Birth &amp; Beyond</b>	HOME VISITING	- CPS recurrence data meeting with DCFAS and F5 SAC to share data and confirm shared take-aways
	OVERALL	- Drafted report, shared with B&B leadership
<b>Annual Report</b>		- Finished edits from eval committee - Created stand-alone exec summary
<b>Special Studies</b>		- Tentatively: Crisis Nursery, School Readiness Parent Education
<b>Strategic Plan</b>		- Submitted draft Strategic Plan report to F5 staff

## Timeline

	Jan	Feb	Mar	Apr	May	Jun
<b>RAACD report</b>		PREZ				
<b>Annual report</b>	Eval C.		Eval C.		PREZ	
<b>B&amp;B report</b>			Graphics		PREZ	
<b>Strat Plan</b>	Write plan	Finalize plan; PREZ	PREZ		PREZ	



# Summary of Evaluation Activities for First 5 Sacramento

## April-May 2020

Strategy	Component	Task
<b>RAACD</b>	PREGNANCY PEER SUPPORT	– Q3 Data – In Progress
<b>Birth &amp; Beyond</b>		– Drafted report, shared with B&B leadership – Graphic designer has returned draft
<b>Annual Report</b>		– Presented to Commission 5/4/2020
<b>Special Studies</b>		– School Readiness: Developmental Screenings and Family Engagement, Crisis Nursery, Playgroup Post Survey delayed until fall
<b>Strategic Plan</b>		– Presented to Commission 5/4/2020

## Timeline

	Mar	Apr	May	Jun
<b>RAACD report</b>				
<b>Annual report</b>	Eval C.		PREZ	
<b>B&amp;B report</b>	Graphics		PREZ	
<b>Strat Plan</b>			PREZ	



# FIRST 5 SACRAMENTO

## RAACD Quarterly Dashboard 2019-20

RBA Category	Indicator
How Much?	<b>Number of women with 1+ service</b> (Includes new and rollover clients; excludes Nonconsenters)
	<b>Number of women with 1+ service</b> ( new clients only; excludes Nonconsenters)
	<b>Number of women with 1+ service, by trimester at entry</b>
	≤12 weeks (1st trimester)
	13-26 weeks (Second Trimester)
	27-end of pregnancy (third trimester)
	unknown
	<b>Number of women with safe sleep risk factors at intake</b>
	Does not have a plan for a car seat
	Planning to co-sleep
	Does not have crib
	<b>Number of women with birth risk factors at intake</b>
	Not receiving regular prenatal care
	2 or more prior miscarriages
	Nutritional Deficiencies
	Alcohol and Drug use
	Tobacco use
	Depression indicated by PhQ-9 (Moderate to High)
	<b>Number of women provided referrals to address birth risk factors</b>

RBA Category	Indicator
	Prenatal care / OBGYN
	Breastfeeding or nutrition support (WIC)
	Alcohol & Drug
	Mental Health (referred to WellSpace social worker)
	Financial stability
	Infant Safe Sleep Training & Crib
	Car Seat Education/Seat
	<b>PHQ-9 Completion (Cumulative)</b>
	Mothers who completed PHQ-9 assessment at Intake
	<b>Number of women who followed up on referrals to address birth risk factors</b>

RBA Category	Indicator
	Prenatal care / OBGYN
	Breastfeeding or nutrition support (WIC)
	Alcohol & Drug
	Mental Health (referred to Wellspace social worker)
	Financial stability
	Infant Safe Sleep Training & Crib
	Car Seat Education/Seat
	<b>Level of program completion (out of those who have exited)</b>
	First Trimester entries: Mothers with minimum number of visits prior to birth (21+)
	Second Trimester entries: Mothers with minimum number of visits prior to birth (10+)
	Third Trimester entries: Mothers with minimum number of visits prior to birth (6+)
	All cohorts: Mothers who completed minimum numbers of prenatal visits
	Mothers who received at least 1 postpartum visit with BMU advocate
	<b>Status at Exit</b>
	Completed program: Completed the minimum prenatal AND postpartum service requirements
	Partially completed program: Completed either minimum prenatal OR postpartum service requirements
	Miscarriage or Termination of Pregnancy
	Dropped out of program
	<b>Reduction in safe sleep risk factors Post-Delivery</b>
<b>Better Off?</b>	



RBA Category	Indicator
	Co-sleeping
	Does not have crib
	Baby sleeping on back
	<b>Reduction in Risk Factors</b>
	% of mothers using alcohol and drug use
	% of mothers using tobacco
	<b>Birth Outcomes</b>
	Number of babies born
	Single delivery
	Multiple delivery (twins)
	Babies born with a healthy birth outcome (not LBW, not pre-term)
	Single delivery
	Multiple delivery (twins)
	First trimester entry cohort
	Second trimester entry cohort
	Third trimester entry cohort
	Babies that were low birth weight
	Single delivery
	Multiple delivery (twins)
	First trimester entry cohort
	Second trimester entry cohort
	Third trimester entry cohort
	Babies that were preterm

RBA Category	Indicator
	Single delivery
	Multiple delivery (twins)
	First trimester entry cohort
	Second trimester entry cohort
	Third trimester entry cohort
	Deliveries that were stillbirths (fetal death)
	Babies who had a well-baby visit with pediatrician at program exit
	Babies who were exclusive breastfeeding at program exit
	Babies with any breastfeeding at program exit
	Babies who were exclusive breastfeeding at hospital
	Babies with any breastfeeding at hospital
	Infant deaths prior to mother exiting program

Number of women served, by trimester at program entry


First Trimester at program entry
Second Trimester at program entry
Third Trimester at program entry
Number of women who have previously received prenatal care
First Trimester at time of visit
Second Trimester at time of visit
Third Trimester at time of visit
Number of women receiving regular prenatal care
Number of women served, by frequency of visits
# / % of women with at least one weekly check-in
# / % of women with at least three weekly check-ins
Average number of visits, by trimester at program entry
First Trimester at program entry
Second Trimester at program entry
Third Trimester at program entry



## Cheat Sheet: School Readiness Special Study 2019-20 Topic: Family Support and Engagement

**Purpose:** The goal of conducting School Readiness Coordinator interviews is to identify what activities and resources you use to promote family support and engagement within your district. The small study's final report will include an Outcomes Framework explaining how districts are providing Family Support and Engagement activities, and why.

**Types of questions:** We will explore questions that ask you about activities and resources you use to promote family support and engagement within your district, and how it is working.

- **Please note:**
  - One part of the interview is a grid that will ask you about what resources and activities you provide to promote family support and engagement, from the approaches you use, to resulting outcomes, and what you feel works well and needs improvement.
  - We will share the interview questionnaire with you in advance and ask that you **fill out this grid before the interview**. This will help you to organize your thoughts to ensure you share with us your complete perspective. You are the experts, and we want to hear the details from you!
  - We will also ask you questions about your process for conducting developmental screenings—the topic of our other special study. Please refer to the Cheat Sheet on Developmental Screenings for further details, but know that no advance preparation is needed for these interview questions.

**Timeline:** The timeline for this Family Support and Engagement Study includes:

- **Week of March 30:**
  - School Readiness Coordinators (SRCs) meeting to discuss small studies
  - Schedule interview times with SRCs for April 6-17
- **Weeks of April 6 and April 13:**
  - SRC interviews
- **April-June:** ASR analyzes the data and writes a small study report of the findings. The final small study report will be shared at an SRC meeting, likely in early fall.

**Commented [SSO1]:** 4/1/20: Some districts need to delay interview 1-2 weeks due to Spring Break, want to coordinate with their staff and can't reach out to them during Spring Break.

Stacy will email them individually and coordinate interviews between 4/6-4/30