



ADVISORY COMMITTEE

Members:

Robert Silva (Chair), Silvia Rodriguez (Vice-Chair), Emily Bowen, Carolyn Curtis, Jeff Rabinowitz, Tony Smith, Cid Van Koersel, Walter Wyniarczuk, Amanda Morgan, Alexxandria Paige, Robin Blanks, Katie Andrew, Kathy Fleming, Ricki Townsend, Heidi Keiser, Junior Goris

MEETING AGENDA

October 9, 2020

2:00-3:30PM

**THIS MEETING IS
HELD VIA
TELECONFERENCE/
WEBINAR DUE TO
COVID 19
RESTRICTIONS**

Join Zoom Meeting

<https://zoom.us/j/96199248435?pwd=RE1sSUdHUlV3UDBBShOVc9SVGJHUT09>

Meeting ID: 961 9924 8435

Passcode: 909793

Call In Phone: +1 669 900 6833

1. Call to Order/Roll Call
2. Welcome & Introductions
3. Public Comments on Off-Agenda Items
4. Approve Draft Action Summary of August 14, 2020
5. Receive First 5 Commission Director's Report
6. Recruitment for First 5 Request for Proposal Review Panels
7. Presentation & Discussion: First 5's Role in Building Racial Equity, Diversity and Inclusion
8. Announcements/Comments

FIRST 5 SACRAMENTO COMMISSION

2750 Gateway Oaks Dr., Suite 330
Sacramento, CA 95833

ADVISORY COMMITTEE

DRAFT ACTION SUMMARY

Friday, August 14, 2020 - 2:00 PM



Members: Robert Silva (Chair), Silvia Rodriguez (Vice-Chair)
Katie Andrews, Robin Blanks, Emily Bowen, Carolyn Curtis, Kathy Fleming, Jose Goris, Heidi Keiser, Edixon Martinez, Amanda Morgan, Alexxandria Paige, Jeff Rabinovitz, Tony Smith, Ricki Townsend, Cid Van Koersel, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Erin Maurie, Communications and Policy Director

Absent: Edixon Martinez, Amanda Morgan, Alexxandria Paige, Cid Van Koersel



1. Call to Order/Roll Call
Action: The Zoom Meeting was called to order at 2:05 PM. A quorum was established.
2. Introductions
Action: Table introductions. Introduced new member, Jose (Junior) Goris.
3. Moment of Silence/Recognition of Ernie Brown
Action: The Committee took a moment to reflect on the life and many public services contributions of Ernie Brown. Members shared their personal memories of Ernie.
4. Public Comments on Off-Agenda Items
Action: None.
5. Approve Draft Action Summary for August 14, 2020
Action: Blanks/Rabinovitz. Abstention: Wyniarczuk. Approved as recommended.
6. First 5 Commission Director's Report
Julie Gallelo, Executive Director

Action: The following items were discussed:

Highlights from the August Commission including:

- o Approval of 2021 Implementation and Systems Improvement Plan
- o Contract approval with First 5 CA for Home Visiting Coordination
- o State and local updates on COVID-19 response
- o The 2020-21 state budget and impact on children
- o Addressing cultural Responsiveness
- o 2021-24 funding cycle
- o First 5 E-News

7. Appoint Member to the Financial Planning Committee

Action: Silvia Rodriguez was appointed. Curtis/Fleming. Approved as recommended.

8. Discussion: First 5's Role in Building Racial Equity, Diversity and Inclusion

The discussion was led by Impact Foundry team members, Kim Tucker and April Jean. Impact Foundry is a First 5 contractor implementing cultural responsiveness training and engagement for staff, commissioners and contractors. They shared information on the series of trainings addressing racial equity, diversity and inclusion and ask committee members to provide input on the role that First 5 should have in this area. Committee members expressed interest in learning more and making this topic an ongoing agenda item.

9. Announcements/Comments

Action: None.

Adjourned: 3:40 p.m.

Respectfully submitted,

Erin Maurie
First 5 Sacramento Commission

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
October 9, 2020

HIGHLIGHTS OF UPCOMING COMMISSION MEETING – Nov 2, 2020

- Public Hearing on First 5 Annual Report for FY 19/20
- Appoint 2021 Vice Chair
- Presentation & Discussion: First 5's role in racial equity, diversity and inclusion

GENERAL UPDATES**Strategic Plan and Requests for Proposals**

This is a busy time in the office, as we develop and release twelve unique Requests for Proposals (RFPs) totaling over \$40 million in funding. All RFPs will be out in the community by early October to ensure interested agencies have adequate time to respond before the holidays. In total, over \$40 million in contract awards will be brought to the Commission for approval beginning in February 2021. As the RFPs roll out, staff will pull together review panels to score and make recommendations for proposals submitted in each of the priority areas below:

- Preventing African American Child Deaths (3 RFPs)
- Strengthening Families/Decreasing Child Abuse and Trauma (3 RFPs)
- Improving School Readiness (1 RFA, 1 RFP)
- Building Quality Child Care Settings (1 RFP)
- Supporting Breastfeeding (1 RFP)
- Evaluation Consultant (1 RFP)
- Data Management Firm (1 RFP)

CENSUS Update

The deadline to complete the 2020 Census is unclear as of the writing of this update, but will occur sometime in October. Despite the challenges with COVID, some of the First 5 funded trusted messengers were still able to do outreach in their hard to reach communities including: creating a video in Hmong, relational texting and setting up a table at the pear packinghouse in the River Delta. As of last week, the Sacramento County Self-Response Rate was 74%. The Self-Response rate in 2010 for Sacramento was only 70%, so we are doing better this time. First 5 continues to push Census messages out through our social media platforms.

Health Systems Outreach

In our ongoing efforts to improve the systems that support children and families, First 5 recently convened meetings with several of the County's health systems/health plans. The goals of the discussions are two-fold. First, we want to share the health equity work conducted with our collective partners including Sierra Health Foundation (Black Child Legacy Campaign), Sacramento County Public Health (Black Infant Health, Perinatal Equity Initiative, African American Perinatal Home Visiting Program), Her Health First (Black Mothers United), and many more. Secondly, we want to bring the systems into this work in whatever ways make sense, including membership on committees (e.g., BCLC Steering Committee, Perinatal Equity Advisory Committee, Maternal Mental Health Collaborative), co-

funding for specific areas of interest, and to improve outcomes for African American pregnant women and infants cared for through the health systems and plans.

Child Abuse Prevention Cabinet

First 5 is working closely with the Sacramento County Department of Child, Family and Adult Services (DCFAS) to determine how best to prioritize child abuse prevention funding in the next fiscal year. Currently, both departments fund upwards of \$14 million per year on prevention efforts for children 0-17 years. We are discussing specific high risk populations within the general population and looking at age groups for certain prevention models. First 5 is leaning toward a primary focus on children birth to 3 years, but will ensure that there are services available for older children who don't qualify for other intensive services.

In combination with this work, our departments are also collaborating on the county's first ever Child Abuse Prevention Plan. This work, being led by DCFAS and the Child Abuse Prevention Center, continues with the goal of having the plan in place by December. This plan is based on child abuse/neglect deaths and near fatality data and is being developed with assistance from additional county departments including DHA, Probation, Public Health, and Behavioral Health, as well as Sierra Health Foundation, Kaiser, and the CA Office of Child Abuse Prevention.

First 5 E-News

In August, First 5 launched an e-newsletter as another communication vehicle to keep connected with contractors, community members and businesses. Topics will vary based on current trends and will feature a contractor's corner, a spotlight section, connection to resources and educational materials. The first edition focused primarily racial equity topics, while our second edition was mainly dedicated to information and resources for ACEs/trauma.



First 5 Sacramento's REDI Efforts

(Race, Equity, Diversity, Inclusion)

November 2, 2020



Impact of Racism on Children/Families

- Racism and its effects lead to chronic stress for children & parents
- Chronic stress leads to actual changes in hormones that cause inflammation in the body, a marker of chronic disease
- In children, racism manifests in disproportionate rates of asthma, lead poisoning, depression, anxiety and death
- Stress that a mother experiences during pregnancy can affect children even before they are born
- Racism is the root cause of disproportionate rates of both African American pregnancy related deaths and infant deaths



First 5 Association Learning Community

- Association REDI Workgroup created in June
- First gathering to begin REDI work within the First 5 Network held
- Survey to all First 5 EDs to co-create next steps
- Consultant to be hired to shape Association's REDI work
- Current focus on education (personal, interpersonal) with goal to include institutional and structural opportunities
 - Resource library
- 2020 First 5 Summit devoted to joint REDI learning and dialogue



First 5 Sacramento Initiatives

- RAACD Efforts/Funding with an Equity Lens
- Equity language in the Implementation & Systems Improvement Plan
- Advisory Committee Standing Agenda Item
- Policy, Advocacy Sustainability Committee: Planning for a 2021 Commissioner Retreat
- Data Driven: CDRT and RAACD Report
- Equity Work with Health Systems
- Impact Foundry Technical Assistance Contract



Impact Foundry Partnership

- Cultural Responsiveness Programming
 - A focus on anti-Black racism and how it has systemically contributed to poor outcomes for Black, Indigenous and other Communities of Color
 - Will support organizations with training, facilitation and consultation to build understanding and capacity in the following areas:
 - racial equity and cultural responsiveness integrated into community engagement
 - service delivery
 - workplace culture
 - policies and practices
 - data collection and evaluation mechanisms



Impact Foundry Partnership

Why this Work is So Critical:

- National events highlight the importance of racial equity within all systems, including our philanthropic and nonprofit sectors
- Acknowledges that programs and services alone do not lead to long term sustainable change; must include racial equity to fulfill our organizational missions
- Allows us to look within our First 5 network of organizations to understand why we have not yet achieved the depth of change we seek



Our Desired Impact

- Determine the role First 5 Sacramento should play in cultural responsiveness and anti-racism
- Develop Commission policies and practices that ensure our work is centered in race, equity, diversity and inclusion
- Cultivate a shared vision of racial equity with our partners



Next Steps

- Engage in ongoing staff professional development and training on implicit bias and an anti-racist framework to inform agency practice regarding racial, economic and social justice
- Survey providers to offer trainings on topics responsive to community needs
- Provide guidance to providers and families on talking to young children about racism and social justice